

Individual Best Times (All Time)

Adele Colangelo - (1478566) - Bristol Penguin Olympic SC - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
42.19	330	H	24/04/22	Swim England South West Region Championships 2022	Millfield		1
42.44	324	H	22/04/23	SE South West Summer Regional Championships 2023	Millfield		1
42.82	315	H	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
43.25	306	F	01/02/22	Gloucester County Championships 2022	Hengrove LC		1
43.59	299	H	01/02/22	Gloucester County Championships 2022	Hengrove LC		1
51.83	178	H	19/01/20	Gloucester County Championships	Hengrove, Bristol	Bristol Hen	1
56.21	139	F	13/07/19	City of Bristol LC L3 Summer Festival Meet	Hengrove LC	Bristol Hen	3

Swims in Date Order

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56.21	139	F	13/07/19	City of Bristol LC L3 Summer Festival Meet	Hengrove LC	Bristol Hen	3