

# Individual Best Times (All Time)

Harrison Dale - (1469123) - Southport SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue        | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------|-----------------|-------|
| 3:21.10 | 242    | H     | 28/01/23 | Lancashire County Age Groups & Championships 2023 | Liverpool    | Southport       | 1     |
| 3:21.97 | 239    | H     | 02/04/23 | City Of Liverpool National Meet 2023              | Liverpool    | Southport       | 1     |
| 3:29.19 | 215    | H     | 22/01/22 | Lancs County Age Groups & Championships 2022      | Wavertree LC | Southport       | 1     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue        | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------|-----------------|-------|
| 3:21.97 | 239    | H     | 02/04/23 | City Of Liverpool National Meet 2023              | Liverpool    | Southport       | 1     |
| 3:21.10 | 242    | H     | 28/01/23 | Lancashire County Age Groups & Championships 2023 | Liverpool    | Southport       | 1     |
| 3:29.19 | 215    | H     | 22/01/22 | Lancs County Age Groups & Championships 2022      | Wavertree LC | Southport       | 1     |