

Individual Best Times (All Time)

Harrison Dale - (1469123) - Southport SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.84	403	F	28/04/24	SENW Regional Summer Championships 2024	Manchester	Southport	1
1:09.85	403	H	28/04/24	SENW Regional Summer Championships 2024	Manchester	Southport	1
1:10.59	390	H	11/05/24	ARENA Manchester Open Meet 2024	Manchester	Southport	1
1:11.37	377	H	11/02/24	Lancashire County Championships 2024	Manchester	Southport	1
1:12.12	366	H	30/03/24	Liverpool National Qualifier Meet 2024	Liverpool	Southport	1
1:12.49	360	F	11/02/24	Lancashire County Championships 2024	Manchester	Southport	1
1:12.64	358	H	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	Southport	1
1:13.36	347	H	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Southport	1
1:14.08	337	F	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	Southport	1
1:14.15	336	H	01/04/23	City Of Liverpool National Meet 2023	Liverpool	Southport	1
1:14.81	328	F	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Southport	1
1:16.86	302	F	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	Southport	1
1:18.72	281	H	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	Southport	1
1:19.52	273	F	06/02/22	Lancs County Age Groups & Championships 2022	Wavertree LC	Southport	1
1:20.39	264	H	19/03/22	City of Liverpool National Meet	Liverpool	Southport	1
1:20.85	259	H	06/02/22	Lancs County Age Groups & Championships 2022	Wavertree LC	Southport	1

Swims in Date Order

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