

Individual Best Times (All Time)

Ruby Jackson - (1461563) - West Norfolk Swimming Club - 200 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:59.91	320	H	18/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	West Norfolk	3

Swims in Date Order

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