

Individual Best Times (All Time)

James French - (1449247) - Hailsham SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:34.50	284	F	25/02/24	Sussex County ASA County Championships	Crawley		1
5:51.27	245	F	26/02/23	Sussex County & Age Group Championships 2023	Crawley		1
6:00.55	227	F	07/01/23	Crawley Speedo New Year LC L3 Gala 2023	Crawley		3

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