

Individual Best Times (All Time)

Iris O'connell - (1445501) - Soundwell SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|-------------|-----------------|-------|
| 37.03 | 381 | F | 16/01/24 | Gloucester County ASA Swimming Championships 2024 | Bristol | | 1 |
| 37.09 | 379 | F | 10/03/24 | City of Swansea Aquatics Spring LC Open Meet 2024 | Swansea | | 1 |
| 37.25 | 374 | H | 16/01/24 | Gloucester County ASA Swimming Championships 2024 | Bristol | | 1 |
| 37.76 | 359 | F | 17/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol | | 1 |
| 37.81 | 358 | H | 22/04/23 | SE South West Summer Regional Championships 2023 | Millfield | | 1 |
| 38.56 | 337 | H | 17/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol | | 1 |
| 39.12 | 323 | H | 21/05/23 | Cardiff International Open Meet 2023 | Cardiff | | 1 |
| 40.70 | 287 | F | 03/02/22 | Gloucester County Champions 2022 Finals | Hengrove LC | | 1 |
| 41.31 | 274 | H | 03/02/22 | Gloucester County Champions 2022 Finals | Hengrove LC | | 1 |
| 49.17 | 163 | F | 15/02/20 | CoC Closed Invitational Meet | Cardiff | Sevenside | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|-------------|-----------------|-------|
| 37.09 | 379 | F | 10/03/24 | City of Swansea Aquatics Spring LC Open Meet 2024 | Swansea | | 1 |
| 37.03 | 381 | F | 16/01/24 | Gloucester County ASA Swimming Championships 2024 | Bristol | | 1 |
| 37.25 | 374 | H | 16/01/24 | Gloucester County ASA Swimming Championships 2024 | Bristol | | 1 |
| 39.12 | 323 | H | 21/05/23 | Cardiff International Open Meet 2023 | Cardiff | | 1 |
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