

Individual Best Times (All Time)

Ruth Poyntz-Wright - (1443884) - Gloucester City SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:13.33	360	H	04/08/23	Swim Wales Summer Open 2023	Swansea		1
3:14.99	351	F	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
3:15.30	349	H	14/05/23	SE South West Summer Regional Championships 2023	Hengrove		1
3:18.08	334	F	06/04/24	City of Bristol L1 International Open Meet 2024	Bristol		1
3:18.77	331	F	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1
3:22.75	312	F	01/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
3:34.88	262	F	02/02/22	Gloucester County Champions 2022 Finals	Hengrove LC		1
3:40.15	243	F	03/04/22	City of Bristol L1 International Open Meet	Hengrove		1

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