

Individual Best Times (All Time)

Ruth Poyntz-Wright - (1443884) - Gloucester City SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:56.65	363	F	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1
2:57.03	361	F	01/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
2:57.17	360	F	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
2:58.59	352	F	06/04/24	City of Bristol L1 International Open Meet 2024	Bristol		1

Swims in Date Order

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2:58.59	352	F	06/04/24	City of Bristol L1 International Open Meet 2024	Bristol		1
2:57.17	360	F	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
2:57.03	361	F	01/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
2:56.65	363	F	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1