

Individual Best Times (All Time)

Ruth Poyntz-Wright - (1443884) - Gloucester City SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:56.10	341	F	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
2:57.54	333	F	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:56.10	341	F	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
2:57.54	333	F	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1