

# Individual Best Times (All Time)

Ruth Poyntz-Wright - (1443884) - Gloucester City SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:25.10	305	H	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
1:26.75	288	H	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:25.10	305	H	14/01/24	Gloucester County ASA Swimming Championships 2024	Bristol		1
1:26.75	288	H	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1