

Individual Best Times (All Time)

Ruth Poyntz-Wright - (1443884) - Gloucester City SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------|-----------------|-------|
| 37.76 | 359 | H | 16/01/24 | Gloucester County ASA Swimming Championships 2024 | Bristol | | 1 |
| 40.17 | 298 | H | 17/01/23 | Gloucestershire County Swimming Championships 2023 | Bristol | | 1 |

Swims in Date Order

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