Individual Best Times (All Time)

Thomas Marshall - (1443281) - Exeter City Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:21.75	594	F	05/05/24	SE SWR Summer Championships 2024	Plymouth		1
4:22.90	586	F	12/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield		1
4:24.00	579	F	06/08/23	Swim England National Summer Meet 2023	Sheffield	Exeter City	1
4:24.11	578	F	15/01/24	Devon County Age Group Championships 2024	Plymouth		1
4:26.95	560	Н	06/08/23	Swim England National Summer Meet 2023	Sheffield	Exeter City	1
4:27.04	559	F	19/05/23	Plymouth Leander Last Chance National Qualifier L1	Plymouth		1
4:35.84	507	F	11/03/23	Swansea Aquatic Spring LC Meet 2023	Swansea		1
4:38.08	495	F	08/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth		3
4:39.32	489	F	02/04/23	City Of Bristol L1 International Open Meet 2023	Hengrove Park		1
4:42.98	470	F	24/04/22	Swim England South West Region Championships 2022	Millfield		1
4:49.94	437	F	16/07/22	City of Bristol Summer Festival	Hengrove		3
4:51.51	430	F	19/03/22	Tiger Bay Open Meet	Cardiff		3

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4:42.98 /right 2024	470 4	F	24/04/22	Swim England South West Region Championships 2022	Millfield	Powered By SPORT	1 SYSTEI

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