Individual Best Times (All Time)

Jamie Kennard - (1440051) - East Grinstead Swimming Club - 400 Freestyle - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
4:51.59	429	F	23/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley		3	

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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