

Individual Best Times (All Time)

Freya Beach - (1425192) - Newcastle SwimTeam - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:30.89	543	F	25/02/23	Northumberland & Durham County Championships 2023	Sunderland	Newcastle	1
2:31.08	541	F	03/02/24	Northumberland & Durham SA County Championships 24	Sunderland	Newcastle	1
2:31.17	540	H	05/08/23	Swim England National Summer Meet 2023	Sheffield	Newcastle	1
2:31.30	539	F	12/05/24	SE North East Regional Age Group Championships	Leeds	Newcastle	1
2:31.33	538	F	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	Newcastle	1
2:31.67	535	F	25/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	Newcastle	1
2:31.92	532	H	06/05/24	SE North East Regional Open/Youth Championships	Sunderland	Newcastle	1
2:33.41	517	H	25/02/23	Northumberland & Durham County Championships 2023	Sunderland	Newcastle	1
2:33.62	515	H	25/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	Newcastle	1
2:33.79	513	H	03/02/24	Northumberland & Durham SA County Championships 24	Sunderland	Newcastle	1
2:33.97	511	H	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	Newcastle	1
2:34.29	508	H	02/04/23	City of Sunderland National Qualifier Meet 2023	Sunderland	Newcastle	1
2:35.43	497	F	14/05/23	SE NE Region Age Group Championships (50m) 2023	Sunderland	Newcastle	1
2:35.81	493	H	12/05/24	SE North East Regional Age Group Championships	Leeds	Newcastle	1
2:36.30	489	H	14/05/23	SE NE Region Age Group Championships (50m) 2023	Sunderland	Newcastle	1
2:39.08	463	H	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Newcastle	3
2:40.83	448	F	26/02/22	Northumberland & Durham SA County Championships 22	Sunderland	Tynemouth	1
2:45.32	413	H	23/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	Tynemouth	1
2:48.66	389	H	26/02/22	Northumberland & Durham SA County Championships 22	Sunderland	Tynemouth	1
2:48.90	387	H	03/04/22	City of Sunderland ASC National Qualifier 2022	Sunderland	Newcastle	1
2:52.31	364	H	08/05/22	SE North East Region Age Group Championships 2022	Leeds	Newcastle	1
2:55.58	344	H	25/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	Newcastle	1
2:59.66	321	H	25/07/21	SENE & NDSA Summer Racing Series	Sunderland Aquatic C	Tynemouth	1

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