

# Individual Best Times (All Time)

George Holmes - (1418830) - Barnstaple SC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:37.61	169	F	16/01/23	Devon County Championships 2023	Plymouth		1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:37.61	169	F	16/01/23	Devon County Championships 2023	Plymouth		1