

# Individual Best Times (All Time)

Zoe Watson - (1412372) - Basildon and Phoenix SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:05.36	458	H	13/05/23	Swim England East Region LC Championships 2023	Luton	Basildon Ph	1
5:06.88	451	H	11/05/24	Swim England East Region LC Championships 2024	Norwich	Basildon Ph	1
5:10.08	437	H	25/02/24	2024 Essex County Age Group Championships	London	Basildon Ph	1
5:10.94	433	H	09/03/24	Putteridge SC Spring LC National Qualifier 2024	Luton	Basildon Ph	1

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