

Individual Best Times (All Time)

Gabriella Troman - (1412258) - Team Ipswich Swimming - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:40.11	593	H	20/04/24	Swim England East Region LC Championships 2024	Luton	teamipswich	1
4:43.43	572	F	30/03/24	City of Norwich Easter Meet 2024	Norwich		1
4:43.77	570	F	02/03/24	City of Norwich March LC Open Meet 2024	Norwich		3
4:44.95	563	H	12/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	teamipswich	1
4:51.87	524	F	04/03/23	CONSC March LC Open Meet 2023	Sportspark		3
5:00.65	479	H	07/05/22	SE East Region Long Course Championships 2022	Luton	Colchester	1
5:05.59	456	H	12/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	Colchester	1

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