

# Individual Best Times (All Time)

Gabriella Troman - (1412258) - Team Ipswich Swimming - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.49	515	H	14/05/23	Swim England East Region LC Championships 2023	Luton	teamipswich	1
1:11.84	508	F	03/03/24	City of Norwich March LC Open Meet 2024	Norwich		3
1:11.92	506	H	04/05/24	Swim England East Region LC Championships 2024	Norwich	teamipswich	1
1:12.25	499	F	08/04/23	City of Norwich Easter Meet 2023	Norwich		1
1:12.54	493	F	05/03/23	CONSC March LC Open Meet 2023	Sportspark		3
1:12.76	489	F	14/05/23	Swim England East Region LC Championships 2023	Luton	teamipswich	1
1:13.15	481	H	08/04/23	City of Norwich Easter Meet 2023	Norwich		1
1:13.61	472	F	08/07/23	Co Norwich SC Midsummer Madness Open Meet 2023	Norwich		3
1:20.60	359	H	13/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	Colchester	1
1:21.20	351	H	31/07/21	British Swimming Festival of Swimming East Region	UEA Norwich	Colchester	1
1:28.77	269	H	15/02/20	Essex Age Group Championships 2020	Basildon	Colchester	1
1:32.80	235	H	21/04/19	BPSC Easter Meet 2019	Basildon	Colchester	1
1:36.67	208	H	21/07/19	BPSC End Of Season Meet 2019	Basildon	Colchester	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.92	506	H	04/05/24	Swim England East Region LC Championships 2024	Norwich	teamipswich	1
1:11.84	508	F	03/03/24	City of Norwich March LC Open Meet 2024	Norwich		3
1:13.61	472	F	08/07/23	Co Norwich SC Midsummer Madness Open Meet 2023	Norwich		3
1:12.76	489	F	14/05/23	Swim England East Region LC Championships 2023	Luton	teamipswich	1
1:11.49	515	H	14/05/23	Swim England East Region LC Championships 2023	Luton	teamipswich	1
1:12.25	499	F	08/04/23	City of Norwich Easter Meet 2023	Norwich		1
1:13.15	481	H	08/04/23	City of Norwich Easter Meet 2023	Norwich		1
1:12.54	493	F	05/03/23	CONSC March LC Open Meet 2023	Sportspark		3
1:20.60	359	H	13/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	Colchester	1
1:21.20	351	H	31/07/21	British Swimming Festival of Swimming East Region	UEA Norwich	Colchester	1

1:28.77	269	H	15/02/20	Essex Age Group Championships 2020	Basildon	Colchester	1
1:36.67	208	H	21/07/19	BPSC End Of Season Meet 2019	Basildon	Colchester	3
1:32.80	235	H	21/04/19	BPSC Easter Meet 2019	Basildon	Colchester	1