

# Individual Best Times (All Time)

Esyllt Ach Rhys - (1410201) - Clwb Nofio Caernarfon - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:18.46	541	F	04/05/24	City of Swansea Aquatics MAY LC Open Meet 2024	Swansea		1
2:20.42	519	H	23/06/24	City of Leeds Summer Meet 2024	Leeds	Caernarfon	3
2:20.68	516	H	22/03/24	Swim Wales National Championships 2024	Swansea		1
2:23.29	488	H	28/01/24	Rotherham Metro 'A' & 'B' Grade LC Meet 2024	Sheffield	Caernarfon	3
2:25.28	468	H	03/08/23	Swim Wales Summer Open 2023	Swansea		1
2:26.99	452	F	20/05/23	North Wales Race Meet 2023	Liverpool		1
2:30.90	418	H	25/03/23	City of Sheffield SS Premier Open Meet 2023	Sheffield	NofioGwynedd	1
2:31.33	414	F	06/05/23	Swansea Aquatic May LC Meet	Swansea		1
2:34.19	392	H	22/01/23	Rotherham Metro A & B Grade Long Course Meet 2023	Sheffield	Caernarfon	3
2:41.08	343	H	26/06/22	City of Leeds SC Summer Meet	John Charles Aq Cen	Caernarfon	3
2:41.92	338	H	03/08/22	Swim Wales Summer Open 2022	Swansea		1
2:50.09	292	H	23/01/22	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	Caernarfon	3
3:16.50	189	H	19/01/20	Rotherham Metro A & B Grade Long Course Meet	Sheffield	Caernarfon	3

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3:16.50	189	H	19/01/20	Rotherham Metro A & B Grade Long Course Meet	Sheffield	Caernarfon	3