

Individual Best Times (All Time)

Leah Rose - (1405240) - Penrith SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:03.38	467	H	21/04/24	SENW Regional Summer Championships 2024	Manchester	Penrith	1
5:04.45	462	H	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	Penrith	3

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