

# Individual Best Times (All Time)

Leah Rose - (1405240) - Penrith SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:38.00	508	H	20/04/24	SENW Regional Summer Championships 2024	Manchester	Penrith	1
2:38.71	501	H	17/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	Penrith	3
2:39.16	497	H	25/03/23	SE North West Regional Summer Championships 2023	Liverpool	Penrith	1
2:40.52	485	H	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Penrith	3
2:40.66	483	H	25/11/23	City of Sheffield SS Snow Frills Meet 2023	Sheffield	Penrith	3

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