

Individual Best Times (All Time)

Poppy Jeffery - (1403955) - Killerwhales SC (Havering) - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:43.31	428	H	25/02/24	2024 Essex County Age Group Championships	London	Killerwhales	1
2:45.99	408	H	18/03/23	Bracknell & Wokingham Regional Qualifier Meet 2023	Aldershot	Killerwhales	3
2:53.68	356	H	12/03/22	71st ESSA National Inter-Divisional Championships	Coventry		1
3:06.99	285	F	08/03/20	NUEL Regional Qualifying Meet 2020	London	Killerwhales	3

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