

Individual Best Times (All Time)

Alisha Greenwood - (1403206) - West Norfolk Swimming Club - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|---------|-----------------|-------|
| 48.34 | 219 | F | 03/03/24 | City of Norwich March LC Open Meet 2024 | Norwich | | 3 |
| 48.96 | 211 | H | 17/06/23 | Boudicca Level 3 Long Course Open Meet 2023 | Norwich | West Norfolk | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|---------|-----------------|-------|
| 48.34 | 219 | F | 03/03/24 | City of Norwich March LC Open Meet 2024 | Norwich | | 3 |
| 48.96 | 211 | H | 17/06/23 | Boudicca Level 3 Long Course Open Meet 2023 | Norwich | West Norfolk | 3 |