

# Individual Best Times (All Time)

Michael Ares - (1399393) - Chelsea & Westminster SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:16.33	261	F	22/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester		3
3:18.06	254	F	16/12/23	Winchester Winter Sparkler 2023	Winchester	Chelsea&West	3
3:19.52	248	H	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	Chelsea&West	1
3:22.01	239	H	01/05/23	SE London Summer Championships 2023	Stratford		1
3:29.47	214	H	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	Chelsea&West	1
3:31.70	208	H	13/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	Chelsea&West	1
3:34.77	199	H	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Chelsea&West	1
3:35.20	198	F	19/02/23	Middlesex County Championships 2023	Hillingdon		1
3:36.91	193	F	20/02/22	2022 Wycombe Dual Award (L3) Long Course Meet	High Wycombe		3
3:37.41	192	F	23/07/22	NUEL SC End of Season Open Meet 2022	London Aquatics Cntr		3
3:41.32	182	F	18/12/21	Winchester Winter Sparkler	Winchester		3

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