

# Individual Best Times (All Time)

Michael Ares - (1399393) - Chelsea & Westminster SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:12.14	276	F	23/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester		3
6:43.84	216	F	15/01/23	Middlesex County Championships 2023	London		1

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