

Individual Best Times (All Time)

Michael Ares - (1399393) - Chelsea & Westminster SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------------|-----------------|-------|
| 2:40.96 | 355 | H | 14/04/24 | City of Sunderland National Qualifier 2024 | Sunderland | Chelsea&West | 1 |
| 2:41.34 | 352 | F | 05/05/24 | SE London Region Summer Championships 2024 | London | | 1 |
| 2:42.76 | 343 | F | 24/03/24 | Winchester Spring Qualifier 2024 | Winchester | Chelsea&West | 1 |
| 2:42.89 | 342 | F | 28/01/24 | 2024 Middlesex County Championships | London | | 1 |
| 2:44.12 | 335 | F | 09/03/24 | Chelsea & Westminster & Millfield March Grand Prix | Millfield | | 1 |
| 2:45.60 | 326 | H | 05/05/24 | SE London Region Summer Championships 2024 | London | | 1 |
| 2:46.06 | 323 | H | 28/01/24 | 2024 Middlesex County Championships | London | | 1 |
| 2:50.02 | 301 | F | 23/07/23 | Winchester City Penguins Summer Scorcher 2023 | Winchester | | 3 |
| 2:53.20 | 285 | F | 30/04/23 | SE London Summer Championships 2023 | Stratford | | 1 |
| 2:53.34 | 284 | H | 30/04/23 | SE London Summer Championships 2023 | Stratford | | 1 |
| 2:55.50 | 274 | F | 16/12/23 | Winchester Winter Sparkler 2023 | Winchester | Chelsea&West | 3 |
| 2:57.75 | 263 | F | 18/02/23 | Middlesex County Championships 2023 | Hillingdon | | 1 |
| 2:58.57 | 260 | H | 07/04/23 | Portsmouth Northsea SC Easter Meet 2023 | Portsmouth | | 1 |
| 2:59.10 | 257 | H | 11/03/23 | Derventio eXcel Early March Meet 2023 | Sheffield | Chelsea&West | 1 |
| 3:04.52 | 235 | F | 24/07/22 | NUEL SC End of Season Open Meet 2022 | London Aquatics Cntr | | 3 |
| 3:09.41 | 218 | H | 13/03/22 | Putteridge SC Spring LC National Qualifier 2022 | Luton | Chelsea&West | 1 |
| 3:10.32 | 214 | H | 16/01/22 | City of Derby 18th Level1 Long Course | Ponds Forge | Chelsea&West | 1 |
| 3:11.31 | 211 | F | 20/02/22 | 2022 Wycombe Dual Award (L3) Long Course Meet | High Wycombe | | 3 |
| 3:12.03 | 209 | F | 16/01/22 | City of Derby 18th Level1 Long Course | Ponds Forge | Chelsea&West | 1 |
| 3:12.38 | 208 | F | 19/12/21 | Winchester Winter Sparkler | Winchester | | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------|-----------------|-------|
| 2:41.34 | 352 | F | 05/05/24 | SE London Region Summer Championships 2024 | London | | 1 |
| 2:45.60 | 326 | H | 05/05/24 | SE London Region Summer Championships 2024 | London | | 1 |
| 2:40.96 | 355 | H | 14/04/24 | City of Sunderland National Qualifier 2024 | Sunderland | Chelsea&West | 1 |

| | | | | | | | |
|---------|-----|---|----------|--|----------------------|--------------|---|
| 2:42.76 | 343 | F | 24/03/24 | Winchester Spring Qualifier 2024 | Winchester | Chelsea&West | 1 |
| 2:44.12 | 335 | F | 09/03/24 | Chelsea & Westminster & Millfield March Grand Prix | Millfield | | 1 |
| 2:42.89 | 342 | F | 28/01/24 | 2024 Middlesex County Championships | London | | 1 |
| 2:46.06 | 323 | H | 28/01/24 | 2024 Middlesex County Championships | London | | 1 |
| 2:55.50 | 274 | F | 16/12/23 | Winchester Winter Sparkler 2023 | Winchester | Chelsea&West | 3 |
| 2:50.02 | 301 | F | 23/07/23 | Winchester City Penguins Summer Scorcher 2023 | Winchester | | 3 |
| 2:53.20 | 285 | F | 30/04/23 | SE London Summer Championships 2023 | Stratford | | 1 |
| 2:53.34 | 284 | H | 30/04/23 | SE London Summer Championships 2023 | Stratford | | 1 |
| 2:58.57 | 260 | H | 07/04/23 | Portsmouth Northsea SC Easter Meet 2023 | Portsmouth | | 1 |
| 2:59.10 | 257 | H | 11/03/23 | Derventio eXcel Early March Meet 2023 | Sheffield | Chelsea&West | 1 |
| 2:57.75 | 263 | F | 18/02/23 | Middlesex County Championships 2023 | Hillingdon | | 1 |
| 3:04.52 | 235 | F | 24/07/22 | NUEL SC End of Season Open Meet 2022 | London Aquatics Cntr | | 3 |
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| 3:11.31 | 211 | F | 20/02/22 | 2022 Wycombe Dual Award (L3) Long Course Meet | High Wycombe | | 3 |
| 3:12.03 | 209 | F | 16/01/22 | City of Derby 18th Level1 Long Course | Ponds Forge | Chelsea&West | 1 |
| 3:10.32 | 214 | H | 16/01/22 | City of Derby 18th Level1 Long Course | Ponds Forge | Chelsea&West | 1 |
| 3:12.38 | 208 | F | 19/12/21 | Winchester Winter Sparkler | Winchester | | 3 |