

# Individual Best Times (All Time)

Michael Ares - (1399393) - Chelsea & Westminster SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.18	367	F	05/05/24	SE London Region Summer Championships 2024	London		1
2:36.37	366	F	24/03/24	Winchester Spring Qualifier 2024	Winchester	Chelsea&West	1
2:37.38	359	H	05/05/24	SE London Region Summer Championships 2024	London		1
2:38.70	350	F	10/03/24	Chelsea & Westminster & Millfield March Grand Prix	Millfield		1
2:39.07	348	H	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	Chelsea&West	1
2:40.71	337	F	03/02/24	2024 Middlesex County Championships	Hillingdon		1
2:44.81	313	F	22/04/23	SE London Summer Championships 2023	Crawley		1
2:46.46	303	H	22/04/23	SE London Summer Championships 2023	Crawley		1
2:47.60	297	H	09/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth		1
2:48.80	291	F	19/02/23	Middlesex County Championships 2023	Hillingdon		1
2:49.05	290	H	12/03/23	Derwentio eXcel Early March Meet 2023	Sheffield	Chelsea&West	1
2:54.61	263	F	18/12/22	Winchester Winter Sparkler Meet 2022	Winchester		3
3:01.49	234	F	23/07/22	NUEL SC End of Season Open Meet 2022	London Aquatics Cntr		3
3:02.99	228	H	12/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	Chelsea&West	1
3:04.36	223	F	19/02/22	2022 Wycombe Dual Award (L3) Long Course Meet	High Wycombe		3
3:10.33	203	F	19/12/21	Winchester Winter Sparkler	Winchester		3
3:11.82	198	H	16/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Chelsea&West	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.18	367	F	05/05/24	SE London Region Summer Championships 2024	London		1
2:37.38	359	H	05/05/24	SE London Region Summer Championships 2024	London		1
2:39.07	348	H	13/04/24	City of Sunderland National Qualifier 2024	Sunderland	Chelsea&West	1
2:36.37	366	F	24/03/24	Winchester Spring Qualifier 2024	Winchester	Chelsea&West	1
2:38.70	350	F	10/03/24	Chelsea & Westminster & Millfield March Grand Prix	Millfield		1
2:40.71	337	F	03/02/24	2024 Middlesex County Championships	Hillingdon		1

2:44.81	313	F	22/04/23	SE London Summer Championships 2023	Crawley		1
2:46.46	303	H	22/04/23	SE London Summer Championships 2023	Crawley		1
2:47.60	297	H	09/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth		1
2:49.05	290	H	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	Chelsea&West	1
2:48.80	291	F	19/02/23	Middlesex County Championships 2023	Hillingdon		1
2:54.61	263	F	18/12/22	Winchester Winter Sparkler Meet 2022	Winchester		3
3:01.49	234	F	23/07/22	NUEL SC End of Season Open Meet 2022	London Aquatics Cntr		3
3:02.99	228	H	12/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	Chelsea&West	1
3:04.36	223	F	19/02/22	2022 Wycombe Dual Award (L3) Long Course Meet	High Wycombe		3
3:11.82	198	H	16/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Chelsea&West	1
3:10.33	203	F	19/12/21	Winchester Winter Sparkler	Winchester		3