

Individual Best Times (All Time)

Michael Ares - (1399393) - Chelsea & Westminster SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.31	378	F	06/05/24	SE London Region Summer Championships 2024	London		1
1:11.44	376	F	27/05/24	AP Race International 2024	London	Chelsea&West	1
1:11.69	372	H	27/05/24	AP Race International 2024	London	Chelsea&West	1
1:11.88	369	F	23/03/24	Winchester Spring Qualifier 2024	Winchester	Chelsea&West	1
1:12.06	367	H	06/05/24	SE London Region Summer Championships 2024	London		1
1:12.16	365	F	04/02/24	2024 Middlesex County Championships	Hillingdon		1
1:12.63	358	H	04/02/24	2024 Middlesex County Championships	Hillingdon		1
1:12.84	355	F	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	Chelsea&West	1
1:13.29	348	F	09/03/24	Chelsea & Westminster & Millfield March Grand Prix	Millfield		1
1:14.73	329	H	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	Chelsea&West	1
1:15.38	320	F	23/04/23	SE London Summer Championships 2023	Crawley		1
1:15.43	320	F	17/12/23	Winchester Winter Sparkler 2023	Winchester	Chelsea&West	3
1:15.52	318	H	23/04/23	SE London Summer Championships 2023	Crawley		1
1:16.55	306	H	08/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth		1
1:16.74	304	H	11/03/23	Derventio eXcel Early March Meet 2023	Sheffield	Chelsea&West	1
1:20.50	263	F	15/01/23	Middlesex County Championships 2023	London		1
1:20.71	261	H	15/01/23	Middlesex County Championships 2023	London		1
1:23.64	234	F	23/07/22	NUEL SC End of Season Open Meet 2022	London Aquatics Cntr		3
1:24.58	227	H	15/01/22	City of Derby 18th Level1 Long Course	Ponds Forge	Chelsea&West	1
1:25.18	222	H	12/03/22	Putteridge SC Spring LC National Qualifier 2022	Luton	Chelsea&West	1
1:27.00	208	F	18/12/21	Winchester Winter Sparkler	Winchester		3
1:27.59	204	F	19/02/22	2022 Wycombe Dual Award (L3) Long Course Meet	High Wycombe		3

Swims in Date Order

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1:11.44	376	F	27/05/24	AP Race International 2024	London	Chelsea&West	1

1:11.69	372	H	27/05/24	AP Race International 2024	London	Chelsea&West	1
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1:12.06	367	H	06/05/24	SE London Region Summer Championships 2024	London		1
1:12.84	355	F	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	Chelsea&West	1
1:14.73	329	H	14/04/24	City of Sunderland National Qualifier 2024	Sunderland	Chelsea&West	1
1:11.88	369	F	23/03/24	Winchester Spring Qualifier 2024	Winchester	Chelsea&West	1
1:13.29	348	F	09/03/24	Chelsea & Westminster & Millfield March Grand Prix	Millfield		1
1:12.16	365	F	04/02/24	2024 Middlesex County Championships	Hillingdon		1
1:12.63	358	H	04/02/24	2024 Middlesex County Championships	Hillingdon		1
1:15.43	320	F	17/12/23	Winchester Winter Sparkler 2023	Winchester	Chelsea&West	3
1:15.38	320	F	23/04/23	SE London Summer Championships 2023	Crawley		1
1:15.52	318	H	23/04/23	SE London Summer Championships 2023	Crawley		1
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1:27.00	208	F	18/12/21	Winchester Winter Sparkler	Winchester		3