

Individual Best Times (All Time)

Arash Zare - (1394479) - Barking & Dagenham Aquatics Club - 100 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:30.54	247	F	24/07/21	London Region Festival of Swimming Meet 2021	London Aquatic C		1
1:34.51	217	F	07/03/20	NUEL Regional Qualifying Meet 2020	London	Bark & Dagen	3
1:35.28	212	H	15/02/20	Essex Age Group Championships 2020	Basildon	Bark & Dagen	1
1:42.92	168	H	30/06/19	Romford Town End of Season Meet 2019	Basildon	Bo Waltham F	3
1:46.76	151	F	06/01/19	BWFSC New Year Meet 2019	London	Bo Waltham F	3
1:53.27	126	F	14/10/18	BWFSC County Qualifier Meet 2018	London	Bo Waltham F	3

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