

Individual Best Times (All Time)

Arash Zare - (1394479) - Barking & Dagenham Aquatics Club - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.64	386	H	22/01/22	Swim England Essex Age Group Championships 2022	London	Bark & Dagen	1
41.48	244	F	08/03/20	NUEL Regional Qualifying Meet 2020	London	Bark & Dagen	3
43.70	209	H	01/02/20	Essex Age Group Championships 2020	London	Bark & Dagen	1
45.31	187	H	29/06/19	Romford Town End of Season Meet 2019	Basildon	Bo Waltham F	3

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