Individual Best Times (All Time)

Toby Flood - (1392388) - Thetford Dolphins SC - 100 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-----------------------------------|---------|-----------------|-------|
| 1:15.63 | 317 | Н | 04/02/23 | Norfolk County Championships 2023 | Norwich | Thetford | 1 |
| 1:16.43 | 307 | F | 04/02/23 | Norfolk County Championships 2023 | Norwich | Thetford | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level | |
|---------|--------|-------|----------|-----------------------------------|---------|-----------------|-------|--|
| 1:16.43 | 307 | F | 04/02/23 | Norfolk County Championships 2023 | Norwich | Thetford | 1 | |
| 1:15.63 | 317 | Н | 04/02/23 | Norfolk County Championships 2023 | Norwich | Thetford | 1 | |

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