

# Individual Best Times (All Time)

Henry Russell - (1389945) - Portsmouth Northsea SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:00.03	475	H	30/03/24	Portsmouth Northsea Easter Meet 2024 LC L1 Meet	Portsmouth		1
1:00.18	472	H	22/04/23	SE South East Region Summer Championships 2023	Winchester		1
1:00.31	469	H	21/05/23	Portsmouth Northsea Nationals Last Chance 2023	Mountbatten Centre		1
1:00.51	464	F	05/02/23	Hampshire ASA County Championships 2023	Winchester		1
1:01.30	446	H	21/01/24	Hampshire County Swimming Championships 2024	Winchester		1
1:01.31	446	F	11/03/23	Swansea Aquatic Spring LC Meet 2023	Swansea		1
1:02.23	426	H	05/02/23	Hampshire ASA County Championships 2023	Winchester		1
1:02.27	426	F	04/12/22	Portsmouth Northsea SC Christmas Meet 2022	Mountbatten Centre		3
1:05.28	369	F	16/07/22	Portsmouth Northsea End of Season Meet	Mountbatten Cen		3
1:06.27	353	F	15/05/22	Portsmouth Northsea SC May Sprint Meet 2022	Mountbatten Cen		3

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