

Individual Best Times (All Time)

Henry Russell - (1389945) - Portsmouth Northsea SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.23	390	H	08/04/23	Portsmouth Northsea SC Easter Meet 2023	Portsmouth		1
32.50	380	H	14/05/23	SE South East Region Summer Championships 2023	Winchester		1
32.67	374	H	31/03/24	Portsmouth Northsea Easter Meet 2024 LC L1 Meet	Portsmouth		1
33.00	363	H	25/02/24	Hampshire County Swimming Championships 2024	Mountbatten Cen	Portsmouth N	1
33.06	361	F	11/03/23	Swansea Aquatic Spring LC Meet 2023	Swansea		1
33.10	360	F	05/02/23	Hampshire ASA County Championships 2023	Winchester		1
33.42	349	F	16/07/23	Portsmouth Northsea End of Season 2023 LC L3 Meet	Mountbatten Centre		3
33.67	342	H	05/02/23	Hampshire ASA County Championships 2023	Winchester		1
33.71	340	F	04/12/22	Portsmouth Northsea SC Christmas Meet 2022	Mountbatten Centre		3
36.96	258	F	15/05/22	Portsmouth Northsea SC May Sprint Meet 2022	Mountbatten Cen		3

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