

Individual Best Times (All Time)

Amelia Ashton - (1388500) - Sevenoaks SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.30	500	H	09/03/24	Kent County Championships 2024	Stratford	Sevenoaks	1
2:53.65	497	H	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Sevenoaks	1
2:55.17	484	F	25/05/24	AP Race International 2024	London	Sevenoaks	1
2:56.76	471	H	11/02/23	Kent Swimming Championships 2023	Stratford	Sevenoaks	1
2:57.79	463	H	12/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	Sevenoaks	1
2:58.07	460	H	21/05/23	Portsmouth Northsea Nationals Last Chance 2023	Mountbatten Centre		1
2:58.38	458	H	13/05/23	SE South East Region Summer Championships 2023	Winchester		1
2:58.46	457	H	25/05/24	AP Race International 2024	London	Sevenoaks	1
2:58.95	454	F	13/05/23	SE South East Region Summer Championships 2023	Winchester		1
2:59.13	452	H	27/04/24	SE South East Region LC Championships 2024	Winchester		1
2:59.89	447	F	08/04/23	Crawley Spring L1 Open Meet LC 2023	Crawley		1
3:02.09	431	F	11/03/23	Wycombe LC Premier Meet 2023	High Wycombe		1
3:06.27	402	F	09/07/22	Guildford City SC Long Course Summer Open Meet	Surrey Sport Park		3
3:11.92	368	H	06/05/22	Swim England South East Summer Championships	Crawley		1
3:40.17	243	H	19/01/20	2020 Kent ASA Swimming Championships	London	Sevenoaks	1

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