Individual Best Times (All Time)

Kerry Hennie - (1387814) - City of Liverpool SC - 400 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:28.46	674	Н	05/04/24	Speedo Aquatics GB Swimming Championships 2024	London	Co Liverpool	1
4:28.62	672	F	23/07/23	British Summer Championships	Sheffield	Warrington W	1
4:29.85	663	Н	09/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Co Liverpool	1
4:30.41	659	Н	23/07/23	British Summer Championships	Sheffield	Warrington W	1
4:31.39	652	Н	21/04/24	SENW Regional Summer Championships 2024	Manchester	Co Liverpool	1
4:31.79	649	Н	14/04/24	City of Leeds National Qualifier 2024	Leeds	Co Liverpool	1
4:31.99	648	Н	10/03/23	Derventio eXcel Early March Meet 2023	Sheffield	Warrington W	1
4:32.58	643	F	14/04/24	City of Leeds National Qualifier 2024	Leeds	Co Liverpool	1
4:32.93	641	Н	16/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	Warrington W	1
4:34.49	630	F	27/07/22	British Summer Championships	Sheffield	Warrington W	1
4:36.44	617	F	16/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	Warrington W	1
4:36.78	615	Н	27/07/22	British Summer Championships	Sheffield	Warrington W	1
4:36.99	613	Н	27/01/24	Lancashire County Championships 2024	Manchester	Co Liverpool	1
4:37.42	610	Н	17/12/22	Northampton SC Winter Festival 2022	Corby	Warrington W	1
4:39.66	596	F	17/04/22	City of Leeds SC National Qualifier 2022	John Charles AC	Warrington W	1
4:40.57	590	Н	17/04/22	City of Leeds SC National Qualifier 2022	John Charles AC	Warrington W	1
4:40.73	589	Н	26/03/23	SE North West Regional Summer Championships 2023	Liverpool	Warrington W	1
4:41.82	582	Н	19/03/22	City of Liverpool National Meet	Liverpool	Warrington W	1
4:45.51	560	F	19/12/21	Swim Wales Winters 2021	Swansea		1
4:46.46	554	Н	24/04/22	SE North West Summer Regional Swimming Champs	Liverpool	Warrington W	1
4:58.58	489	Н	24/07/21	North West Summer Festival of Swimming	Manchester	Warrington W	1
5:33.59	351	Н	23/03/19	Liverpool Spring Open Meet 2019	Liverpool	Warrington W	1

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