Individual Best Times (All Time)

Elin Winstanley - (1385183) - City of Hereford SC - 200 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|------------------|-----------------|-------|
| 2:14.72 | 587 | F | 05/05/24 | SE West Midland Summer Championships 2024 | Birmingham | Co Hereford | 1 |
| 2:15.44 | 578 | Н | 05/05/24 | SE West Midland Summer Championships 2024 | Birmingham | Co Hereford | 1 |
| 2:18.15 | 545 | Н | 30/04/23 | West Midland Regional Summer Championships 2023 | Coventry | Co Hereford | 1 |
| 2:21.49 | 507 | F | 12/03/22 | Team Bath & Millfield National Qualifier L1 Meet | Millfield | | 1 |
| 2:23.04 | 491 | Н | 01/05/22 | West Midlands Region 2022 Regional Championships | Coventry | Co Hereford | 1 |
| 2:23.61 | 485 | F | 30/04/23 | West Midland Regional Summer Championships 2023 | Coventry | Co Hereford | 1 |
| 2:23.83 | 483 | Н | 03/08/22 | Swim Wales Summer Open 2022 | Swansea | | 1 |
| 2:24.57 | 475 | F | 03/08/22 | Swim Wales Summer Open 2022 | Swansea | | 1 |
| 2:25.88 | 462 | F | 01/05/22 | West Midlands Region 2022 Regional Championships | Coventry | Co Hereford | 1 |
| 2:36.44 | 375 | Н | 24/07/21 | West Midlands Region Festival of Swimming 2021 | Coventry | Co Hereford | 1 |
| 2:38.44 | 361 | F | 15/03/20 | Millfield & Team Bath AS L1 National Qualifier | Millfield School | Co Hereford | 1 |
| 3:12.19 | 202 | Н | 12/01/19 | City of Coventry January Open Meet 2019 | Coventry | Co Hereford | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|--------------------------|----------|-------|----------|--|------------------|------------------------------|--------------|
| 2:14.72 | 587 | F | 05/05/24 | SE West Midland Summer Championships 2024 | Birmingham | Co Hereford | 1 |
| 2:15.44 | 578 | Н | 05/05/24 | SE West Midland Summer Championships 2024 | Birmingham | Co Hereford | 1 |
| 2:23.61 | 485 | F | 30/04/23 | West Midland Regional Summer Championships 2023 | Coventry | Co Hereford | 1 |
| 2:18.15 | 545 | Н | 30/04/23 | West Midland Regional Summer Championships 2023 | Coventry | Co Hereford | 1 |
| 2:24.57 | 475 | F | 03/08/22 | Swim Wales Summer Open 2022 | Swansea | | 1 |
| 2:23.83 | 483 | Н | 03/08/22 | Swim Wales Summer Open 2022 | Swansea | | 1 |
| 2:25.88 | 462 | F | 01/05/22 | West Midlands Region 2022 Regional Championships | Coventry | Co Hereford | 1 |
| 2:23.04 | 491 | Н | 01/05/22 | West Midlands Region 2022 Regional Championships | Coventry | Co Hereford | 1 |
| 2:21.49 | 507 | F | 12/03/22 | Team Bath & Millfield National Qualifier L1 Meet | Millfield | | 1 |
| 2:36.44 | 375 | Н | 24/07/21 | West Midlands Region Festival of Swimming 2021 | Coventry | Co Hereford | 1 |
| 2:38.44 opyright 2024 | 361 4 | F | 15/03/20 | Millfield & Team Bath AS L1 National Qualifier | Millfield School | Co Hereford Powered By SPORT | 1 FSYSTEN |

3:12.19 202 H 12/01/19 City of Coventry January Open Meet 2019

Coventry

Co Hereford

3