

Individual Best Times (All Time)

Elin Winstanley - (1385183) - City of Hereford SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:23.66	554	H	04/05/24	SE West Midland Summer Championships 2024	Birmingham	Co Hereford	1
5:24.10	552	F	04/05/24	SE West Midland Summer Championships 2024	Birmingham	Co Hereford	1
5:27.46	535	F	03/08/23	Swim Wales Summer Open 2023	Swansea		1
5:27.78	533	H	29/04/23	West Midland Regional Summer Championships 2023	Coventry	Co Hereford	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:24.10	552	F	04/05/24	SE West Midland Summer Championships 2024	Birmingham	Co Hereford	1
5:23.66	554	H	04/05/24	SE West Midland Summer Championships 2024	Birmingham	Co Hereford	1
5:27.46	535	F	03/08/23	Swim Wales Summer Open 2023	Swansea		1
5:27.78	533	H	29/04/23	West Midland Regional Summer Championships 2023	Coventry	Co Hereford	1