

Individual Best Times (All Time)

Elin Winstanley - (1385183) - City of Hereford SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:27.81	578	H	25/03/24	Swim Wales National Championships 2024	Swansea		1
2:27.85	577	F	06/08/23	Swim Wales Summer Open 2023	Swansea		1
2:28.76	567	F	09/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff		1
2:29.80	555	F	25/03/24	Swim Wales National Championships 2024	Swansea		1
2:30.49	547	H	30/04/23	West Midland Regional Summer Championships 2023	Coventry	Co Hereford	1
2:30.77	544	H	06/08/23	Swim Wales Summer Open 2023	Swansea		1
2:32.36	527	F	30/04/23	West Midland Regional Summer Championships 2023	Coventry	Co Hereford	1
2:39.12	463	F	04/08/22	Swim Wales Summer Open 2022	Swansea		1
2:40.42	452	H	04/08/22	Swim Wales Summer Open 2022	Swansea		1
2:44.68	418	H	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	Co Hereford	1
2:52.38	364	F	15/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	Co Hereford	1
3:25.94	213	H	12/01/19	City of Coventry January Open Meet 2019	Coventry	Co Hereford	3

Swims in Date Order

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2:28.76	567	F	09/06/24	Torfaen Dolphins Long Course Meet 2024	Cardiff		1
2:29.80	555	F	25/03/24	Swim Wales National Championships 2024	Swansea		1
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