## Individual Best Times (All Time)

Verity Nicholas - (1381006) - Dover Lifeguard Swimming Club - 800 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
11:23.73	356	F	25/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot		3	

## Swims in Date Order

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