

Individual Best Times (All Time)

Verity Nicholas - (1381006) - Dover Lifeguard Swimming Club - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.85	449	F	11/02/24	Kent County Championships 2024	Stratford	Dover Life	1
1:15.29	441	H	11/02/24	Kent County Championships 2024	Stratford	Dover Life	1
1:17.23	409	H	22/04/23	SE South East Region Summer Championships 2023	Winchester		1
1:19.27	378	F	26/02/23	Kent Swimming Championships 2023	Stratford	Dover Life	1
1:19.86	369	H	26/02/23	Kent Swimming Championships 2023	Stratford	Dover Life	1
1:20.44	362	F	01/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford		1
1:31.10	249	H	06/02/22	Kent County Championships 2022	London Aqu Cen	Dover Life	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.85	449	F	11/02/24	Kent County Championships 2024	Stratford	Dover Life	1
1:15.29	441	H	11/02/24	Kent County Championships 2024	Stratford	Dover Life	1
1:17.23	409	H	22/04/23	SE South East Region Summer Championships 2023	Winchester		1
1:20.44	362	F	01/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford		1
1:19.27	378	F	26/02/23	Kent Swimming Championships 2023	Stratford	Dover Life	1
1:19.86	369	H	26/02/23	Kent Swimming Championships 2023	Stratford	Dover Life	1
1:31.10	249	H	06/02/22	Kent County Championships 2022	London Aqu Cen	Dover Life	1