

Individual Best Times (All Time)

Ella Plant - (1378085) - Cinderford & District SC - 200 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.72	332	F	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.72	332	F	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1