

Individual Best Times (All Time)

Grace Plant - (1378081) - Cinderford & District SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.91	331	F	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol		1
3:08.56	278	F	29/01/22	Gloucester County Championships 2022	Hengrove LC		1

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