

Individual Best Times (All Time)

Clara Spence - (1372278) - Carnforth & Dist Otters - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:52.54	520	H	27/01/24	Lancashire County Championships 2024	Manchester	Carnforth	1
5:01.60	475	H	28/01/23	Lancashire County Age Groups & Championships 2023	Liverpool	Carnforth	1

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