

Individual Best Times (All Time)

Clara Spence - (1372278) - Carnforth & Dist Otters - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:37.67	488	H	26/03/23	SE North West Regional Summer Championships 2023	Liverpool	Carnforth	1

Swims in Date Order

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