

Individual Best Times (All Time)

Clara Spence - (1372278) - Carnforth & Dist Otters - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.58	508	H	09/09/23	City of Leeds September Sprints Meet 2023	Leeds	Carnforth	3
29.79	497	H	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	Carnforth	3
29.81	496	H	11/02/24	Lancashire County Championships 2024	Manchester	Carnforth	1
29.83	495	H	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Carnforth	1
30.62	458	H	06/02/22	Lancs County Age Groups & Championships 2022	Wavertree LC	Lancaster	1
30.62	458	H	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	Carnforth	1
31.63	415	H	11/09/21	City of Leeds Sprints Meet 2021	John Charles Centre	Lancaster	3
32.46	384	H	24/07/21	North West Summer Festival of Swimming	Manchester	Lancaster	1

Swims in Date Order

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29.81	496	H	11/02/24	Lancashire County Championships 2024	Manchester	Carnforth	1
29.58	508	H	09/09/23	City of Leeds September Sprints Meet 2023	Leeds	Carnforth	3
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