

Individual Best Times (All Time)

Sophie Baker - (1370397) - Harrogate District SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:35.33	498	F	12/02/23	Yorkshire Swimming Association Championships 2023	Leeds	Harrogate	1
2:36.91	483	H	01/05/23	SE NE Region Open/Youth Championships (50m) 2023	Sheffield	Harrogate	1
2:37.47	478	H	05/03/23	Richmond Dales ASC April Fool Gala 2023	Leeds	Harrogate	3
2:37.71	476	H	12/02/23	Yorkshire Swimming Association Championships 2023	Leeds	Harrogate	1
2:44.27	421	H	20/03/22	Richmond Dales ASC April Fool Gala	Leeds	Harrogate	3
2:45.90	408	H	01/08/21	NER & Yorkshire Festival of Swimming	Sheffield	Harrogate	1
2:55.78	343	F	13/04/19	City of Leeds National Qualifier 2019	Leeds	Harrogate	1
2:59.60	322	H	13/04/19	City of Leeds National Qualifier 2019	Leeds	Harrogate	1

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