

# Individual Best Times (All Time)

Elizabeth Adam - (1363619) - Leyland Barracudas Swimming Club - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.54	510	F	11/02/24	Lancashire County Championships 2024	Manchester	Leyland Barr	1
29.62	506	H	11/02/24	Lancashire County Championships 2024	Manchester	Leyland Barr	1
29.64	505	H	30/12/23	Sprint With The Stars 2023	Leeds		3
29.69	502	F	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	Leyland Barr	1
29.70	502	H	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Leyland Barr	1
29.76	499	F	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Leyland Barr	1
29.84	495	H	17/03/24	City of Manchester International Swim Meet 2024	Manchester	Leyland Barr	1
29.86	494	H	04/05/24	SENW Regional Summer Championships 2024	Manchester	Leyland Barr	1
29.90	492	H	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	Leyland Barr	1
29.91	491	H	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	Leyland Barr	1
29.95	489	H	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Leyland Barr	1
30.15	480	H	17/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	Leyland Barr	3
30.22	476	H	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	Leyland Barr	1
32.03	400	H	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	Leyland Barr	1
32.14	396	H	06/02/22	Lancs County Age Groups & Championships 2022	Wavertree LC	Leyland Barr	1
33.39	353	H	18/12/21	City of Leeds Christmas Meet 2021	John Charles	Leyland Barr	3
38.09	238	H	21/12/19	City of Leeds Xmas Meet 2019	Leeds	Leyland Barr	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.86	494	H	04/05/24	SENW Regional Summer Championships 2024	Manchester	Leyland Barr	1
29.84	495	H	17/03/24	City of Manchester International Swim Meet 2024	Manchester	Leyland Barr	1
29.95	489	H	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	Leyland Barr	1
29.54	510	F	11/02/24	Lancashire County Championships 2024	Manchester	Leyland Barr	1
29.62	506	H	11/02/24	Lancashire County Championships 2024	Manchester	Leyland Barr	1
29.64	505	H	30/12/23	Sprint With The Stars 2023	Leeds		3

29.69	502	F	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	Leyland Barr	1
30.22	476	H	14/05/23	SE North West Regional Summer Championships 2023	Liverpool	Leyland Barr	1
29.90	492	H	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	Leyland Barr	1
29.91	491	H	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	Leyland Barr	1
29.76	499	F	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	Leyland Barr	1
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