

# Individual Best Times (All Time)

Sarah Lloyd - (1363139) - Southwold Swimming Club - 200 Individual Medley - Long Course

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------|---------|-----------------|-------|
| 4:02.48 | 140    | F     | 20/10/19 | Neath ASC Open Meet | Swansea | Southwold       | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------|---------|-----------------|-------|
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