

Individual Best Times (All Time)

Laura Alexander-High - (1345397) - Team Ipswich Swimming - 50 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.60	549	F	15/04/22	City of Norwich SC Easter Meet 2022	Norwich		1
35.86	537	H	15/04/22	City of Norwich SC Easter Meet 2022	Norwich		1
37.12	484	H	08/08/21	British Swimming Festival of Swimming East Region	London Aquatic Centr	teamipswich	1
37.30	477	H	30/04/22	SE East Region Long Course Championships 2022	Norwich	teamipswich	1
39.97	388	H	27/05/19	Swim England East Region Long Course Champs 2019	UEA Sportspark	teamipswich	1
44.45	282	F	04/03/18	UEA Norwich March Long Course Open Meet	Norwich	teamipswich	3

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