

Individual Best Times (All Time)

Freddie Golding - (1345244) - Windsor SC - 200 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:23.49	166	H	02/12/18	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	Staines	3

Swims in Date Order

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